

Chiropractors don't raise stroke risk

Question: Is it true that getting your neck adjusted by a chiropractor could give you a stroke?

Answer: It is rare for a stroke to occur from a neck adjustment let alone a neck trauma. A stroke can only occur from neck trauma when the arteries supplying blood to the brain are torn and a clot is formed on the torn membrane. If the clot is dislodged it can subsequently travel to the brain, blocking circulation.

A Canadian study indicated there is no increased risk related to chiropractic treatment. Researchers say patients are no more likely to suffer a stroke following a visit to a chiropractor than they would after stepping into their family doctors office.

In the study, the Canadian team looked at nine years of data in Ontario, and found only 818 patients with this kind of stroke. Unlike a previous study done in 2001 this study investigated all physician offices and not just chiropractors. The incidence was no different from one physician type to another.

The bottom-line result is there is a one in 5.85 million risk that a chiropractic neck adjustment will cause a stroke. You actually have a higher chance of getting hit by lightning first.

Most past criticism and doubt about the safety of chiropractic was cast by unfounded research and propaganda set out by the medical profession.

Chiropractic care is safe and does not utilize drugs or surgery, which kills hundreds of thousands of healthy people every year. It is extremely hypocritical

of the medical profession to displace their failing image and unprofessional results onto the chiropractic profession, which is the largest natural healing art in the world. If the American Medical Association would spend more time cleaning up their own business and stop blaming other professions they might accomplish some better standard and regulations that could save millions of lives in the future.

I am proud to be a chiropractor and provide safe health-enhancing service and advice to my patients. If you have not tried chiropractic as a healthy alternative and life maintenance guide, you are missing out on the best way to maintain the highest quality of life. Now that you know that it is safe, give your local chiropractor a call.

Quote of the week: *“If you have achieved any level of success, then pour it into someone else. Success is not success without a successor.”* – T. D. Jakes