

Chiropractic is safe and effective for children

Question: I saw a recent news report on television reviewing a research paper that stated chiropractic was unsafe for children? Is this true and is there a risk when my child gets adjustments?

Answer: The research paper you are referring to was published by the *American Academy of Pediatrics* on Jan. 1, 2007 and was titled, “Adverse Events Associated With Pediatric Spinal Manipulation.” This research was proven to be totally bogus and yet another attack by the medical profession on chiropractic. These attacks are getting old and more useless as we evolve in the healing industry. The report fell short in all its proclamations due to its lack of comparison of successful studies that disprove its findings, and it also sites manipulation not even performed by chiropractors but by physical therapists in another country, Germany. The study was also slanted by exaggerating patient feedback that only claimed adverse effects of a short period of slight mid-back pain. Finally the group of patients studied suffered from delayed diagnosis — which the authors erroneously attribute to one study that made no such mention of diagnosis but rather focused upon the direct consequences of manipulation per se.

Did the authors actually present an accurate and balanced assessment of the literature addressing the adverse events associated with spinal manipulation?

The answer is negative.

The research was not clear as to whether all the spinal manipulations described were in fact administered by qualified chiropractors, an important

consideration when one considers the risks involved with individuals who have not received complete training in manipulation areas of the neck.

What we do know from solid balanced research (I can provide with request), is that chiropractic manipulations of the cervical area has been shown to relieve headaches, carpal-tunnel syndrome, obits media, and enuresis (bed wetting) in the pediatric patient and it is safe and effective.

It is time for the AMA to relinquish their bias unfounded attacks on the chiropractic profession. They have lost multiple class-action suits and their posture towards the chiropractic profession should have evolved by now to work in harmony for the benefit of the patient rather than the massage of their egos.

Quote of the Week: *“No people on earth can be held, as a people, to be an enemy, for all humanity shares the common hunger for peace and fellowship and justice.”* – Dwight D. Eisenhower