

Chiropractic helps in Sudden Infant Death Syndrome

Question: I have heard that chiropractic can prevent Sudden Infant Death Syndrome (SIDS). Is it true and how does it help?

Answer: SIDS is defined by the medical profession as Sudden Infant Death Syndrome, the “sudden and unexplained death of an infant less than one year of age.”

The American Academy of Pediatrics states SIDS, sometimes called “crib death,” takes the life of over 5,000 babies every year. There are also an unknown number of children who die with listings of “unknown” causes that may be SIDS deaths. The American Academy of Pediatrics further states that doctors and nurses do not know what causes SIDS.

The medical profession has, since World War II, inundated the lay public with the statement that SIDS is idiopathic. I have personally worked on many SIDS suspected babies and have discussed the cause with many colleagues and various health professionals that share my view that SIDS is both predictable and preventable. Research has shown a correlation between presently accepted obstetric procedures and the incidence of SIDS.

Trauma to the Phrenic nerve, located in the cervical spine is the most logical cause of SIDS. This nerve controls the function of the diaphragm, which controls our breathing. The Phrenic nerve emits from the cervical spine at the level of the third cervical vertebrae.

Any occlusion/pressure on the nerve causes a disturbance in the nerve transmission — which affects the function of the diaphragm.

Each of the spinal nerves is an extension of the brain, which controls all functions of the body. Nerve stimulation, nerve-block procedures and nerve testing is a part of medical field's procedures. Science knows where every nerve is and what area it stimulates or innervates. So, when a nerve is cut, all function, or the part it innervates ceases. The same holds true if nerve transmission is interfered with in any way, including pressure or damage to the sheath of the nerve. This relates to SIDS because the most common cause of death is the discontinuance of breathing. The relationship between the third cervical vertebrae and the function of the Phrenic nerve to control the diaphragm muscle to force the lungs to function is a direct cause and effect. Chiropractors can detect and correct displaced vertebrae in the cervical spine. Once corrected, normal function, especially breathing, returns.

Quote of the week: *“Sooner or later everyone sits down to a banquet of consequences.”* – Robert Louis Stevenson