



Your safety and well-being continue to be our highest priority. With the ongoing spread of COVID-19 and the speed at which things are changing around us, Pollack Health and Wellness will implement the following temporary changes to our services:

- The Pollack Health and Wellness Center will be open the following hours -
 - Monday through Thursday 8AM to 1PM and again 3PM to 7PM
 - Friday 8AM to 3PM
 - Saturday 8AM to 1PM
- No Walk-in appointments are available. Please call 732-244-0222 to schedule your appointment
- Appointments can be made by calling during our open hours listed above

We understand that you may have concerns and we want to give you peace of mind and let you know what to expect at your appointment. The following precautions will remain in effect during this time:

- **SCREENING GUIDELINES:**
 - If you have a scheduled appointment and are experiencing a fever, new cough or any flu-like symptoms, please call 732-244-0222 and ask for further evaluation prior to your appointment.
 - If you have no symptoms but have had close contact with someone suspected or known to have Coronavirus over the past 14 days, please contact your healthcare provider prior to scheduling your appointment.
 - The Pollack Health and Wellness Center will not perform procedures on patients known or suspected to have COVID-19.
 - Upon arrival, patients will be asked the standard screening questions as outlined in the CDC guidelines.
<https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/prevention.html>
 - Patients will have their temperatures taken by a staff member
- **SOCIAL DISTANCING:**
 - We have removed chairs from our Reception Area to minimize overcrowding.
 - Patients will have the option to wait in our waiting area or in their vehicle until their scheduled appointment time. If you choose to wait in your vehicle, one of our staff members will contact you when it is time for your appointment.
- **VISITOR POLICY:**
 - We ask all visitors to wait in their vehicle. If a visitor needs to accompany you into the office, there will be a limit of **one visitor**.
- **IMMUNE SYSTEM SUPPORT ADVICE:**

- During their visit to the Pollack Center, patients will be provided information on how to boost support to the Immune System
- **TELEDOC CONSULTATION:**
 - Patients who are not able to leave their home can contact Dr. Pollack by telephone for consultation. Please call 732-244-0222. A staff member will direct your call to Dr. Pollack

We continue to monitor the situation closely as it develops and will keep you informed of any changes within our center. As always, the health, well-being, and safety of our community and our staff will be our top priority.